

# COVID-19 Guidance for Parents of Children Attending School and/or Childcare

Your child has one of more of these COVID-19 symptoms: Chills • Painful swallowing • Stuffy nose • Headache • Muscle or joint aches • Feeling unwell, fatigue or severe exhaustion • Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite) • Loss of sense of smell or taste • Conjunctivitis, commonly known as pink eye



**Note:** Chronic symptoms that can be explained by a pre-existing medical condition (e.g. allergies) would be considered part of the child's baseline health status. As long as these symptoms do not change, the child can continue to attend school/childcare. A child should have one negative COVID-19 test to establish this baseline.

## Guidance

Your child should not attend school/childcare if they are feeling unwell

A COVID-19 test is recommended

## Testing

**Note:** If your child feels better while waiting to receive their test result, they can return to school, as long as they are not a close contact of a person who tested positive for COVID-19.

Decide if your child will be tested for COVID-19

Yes

No

OR

Do:

Book a COVID-19 test for your child

- Online: [ahs.ca/covid](https://ahs.ca/covid)
- By phone: Call Health Link at 811

Try to book a test that is within 24 hours of your child's symptoms starting

Do:

Go to the COVID-19 test with your child

Before you have your child's test result

## Test Result

Do:

Get your child's COVID-19 test result

It may take 1 to 3 days to get your child's test result

- All individuals who test positive for COVID-19 will be contacted by a member of the AHS Public Health team for follow-up and case management
- For more information about getting your child's COVID-19 test result, go to [ahs.ca/results](https://ahs.ca/results)



Positive Test Result



Negative Test Result

## Next Steps

Have you been told by AHS that your child is a close contact of a person who tested positive for COVID-19?

Yes

No

Have you been told by AHS that your child is a close contact of a person who tested positive for COVID-19?

Yes

No

### What to do

Your child is legally required to stay home and **isolate** for **10 days from the start of symptoms**, or until they are gone, whichever is longer.

**Household members must stay home for 14 days.**

### What to do

Your child is legally required to stay home and **isolate** for **14 days from their last exposure to a confirmed case of COVID-19**.

Household members are **not** required to isolate as long as they are asymptomatic.

### What to do

Your child should stay home from school, childcare and other public spaces until they feel better.

### What to do

Your child is legally required to stay home and **isolate** for **14 days from their last exposure to a confirmed case of COVID-19**.

If your child has symptoms after these 14 days have passed, they should stay home from school, childcare and other public places until they feel better.

Household members are **not** required to isolate as long as they are asymptomatic

### What to do

Your child should stay home from school, childcare and other public spaces until they feel better.